



# SOUTH BAY VILLAGE

22939 Hawthorne Blvd., Suite 106  
Torrance, CA 90505  
(424) 271-2304  
[www.SouthBayVillage.org](http://www.SouthBayVillage.org)  
[Facebook.com/SouthBayVillage](https://Facebook.com/SouthBayVillage)

## HAPPY NEW YEAR!

Welcome to South Bay Village's first ever newsletter! We thought we could kick off this new year with a great way to communicate local events, offerings, and information to our members, volunteers, and anyone interested in our village. Let us know what you think!

South Bay Village is a 501 (c)3 non-profit organization that helps seniors in Torrance and the surrounding areas remain in their own homes with the help of volunteers. Started in 2014, South Bay Village is devoted to helping seniors stay active in their communities. Volunteers help seniors in many ways through friendly visits, friendly calls, taking seniors to doctors' appointments, grocery shopping, to visit friends, hosting social events especially for our members, and much more. South Bay Village helps our seniors at home and feel more connected.

If you or someone you know is interested in becoming a volunteer or a member, call us today!

**South Bay Village (424) 271-2304**

## A MESSAGE FROM THE EXECUTIVE DIRECTOR

We are so thrilled to welcome all of you to our first South Bay Village Newsletter. We are entering our 4th year in business, and we are growing by leaps and bounds. Our goal has always been to help as many seniors as possible, and we are very proud of our success. 2019 will be a banner year for our Members and Volunteers, because we are expanding on what we will be able to do for our folks. We plan on having more events for our Members this year. We will continue to help our Members remain in their homes and also remain active in their communities. The best part is we are a Volunteer organization who cares so much about our Members. None of our Volunteers are paid to help our seniors, but they do this because of their caring and giving hearts. In November 2018 we did a survey of what the Members feel about the Volunteers and about South Bay Village. We received nothing but glowing remarks about our Volunteers and our services. We also do outreach to many other organizations working with seniors.

I have enhanced my life tremendously with starting South Bay Village. People that I have never met before have now become friends and very special people to me. It seems that not only has South Bay Village helped so many people by making their lives a little easier, the Members have added value to all of us who Volunteer.

I am so proud of South Bay Village and what we have accomplished. We are truly a "do-good" organization. I have said this many times...we change people's lives with what we do. How many organizations can say that at the end of the day!? Please contact us with any comments, questions, or suggestions. We want to hear from you. Thank you for your support of South Bay Village.

**Ghislaine (Ges) Davis**

### INSIDE THIS ISSUE

- We Need Your Support.....2
- Volunteer Recognition Dinner .2
- Events.....3
- By The Numbers.....4
- Senior Discounts .....4
- Call For Volunteers.....5
- Member Spotlight.....5
- Volunteer Spotlight .....5
- Words on Wheels Program.....6

### BOARD OF DIRECTORS

- Ges Davis, Executive Director
- Bea Virobik
- Kathleen Davis
- Britt Huff
- Laurie Glover
- Ashley Areyan
- Lynn Anderson



*Ges Davis, Executive Director*



## WE NEED YOUR SUPPORT!

Our modest dues do not cover all of our expenses, and we rely on contributions to continue to support this important program for South Bay Seniors. With your help and support, we can serve more seniors, offer more activities and events, and show our seniors they are still part of our community. We are currently serving 60 members with 60+ volunteers. We want to increase our reach to hundreds of seniors!

Please give as you are able. No gift is too small -- nor too large.

Click **Donate** on our website at [www.SouthBayVillage.org](http://www.SouthBayVillage.org) or [Facebook.com/SouthBayVillage](https://www.facebook.com/SouthBayVillage)

Call us at **(424) 271-2304**

Or **send a check** to:  
*South Bay Village*  
*22939 Hawthorne Blvd, Suite 106*  
*Torrance, CA 90505*

Thank you so much to those who donated in the past!

*"It's a wonderful thing for a senior to know  
That a junior with wheels is revving to go  
To the doctor, the dentist, or even the mall  
Wherever, that stalwart just answers the call.  
So, thank you, dear friends, for your kindness and rides;  
Just hope you can hear the loud cheers from all sides!"  
- Mary Walker, member*



*Helen Dennis  
author and senior activist*

## VOLUNTEER RECOGNITION DINNER

On November 29, 2018, we hosted our annual Volunteer Recognition Dinner, honoring our wonderful volunteers for their service. Helen Dennis, an expert on working with seniors, spoke about the benefits to the health and longevity of seniors when not isolated. Gift baskets were raffled off and Neva Gallegos submitted the highest bid for the trip to the Marriott in Desert Springs. Many thanks to all those who worked so hard to put on this event, including the volunteers from the South Bay Junior Women's Club, who set up, served, and cleaned up for the event.



*Above: Gary George, Barbara Slowey,  
and Joan Day  
Left: Mark Davis, Denise Patterson, and  
Ges Davis*

## EVENTS

Here are some events we are looking forward to in 2019. We will give exact dates when we know them.

February - Volunteer Meeting

March - Member/Volunteer Lunch

May - Mother's Day Tea

May - Torrance Successful Aging Expo

July - Old Town Rock Around the Block

Summer - Ice Cream Social

August - TMMC Health Conference

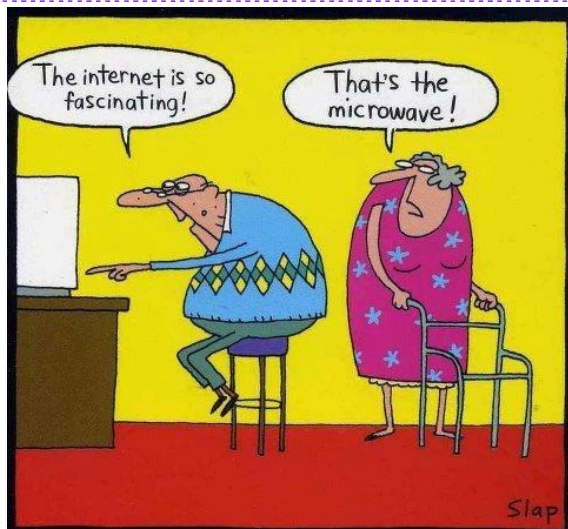
August/September - Member/Volunteer Picnic

November - Volunteer Recognition Dinner

*Ges Davis, Juhee Kim, and Neva Gallegos, along with Cindy Healy, packed over 50 gift bags to give Christmas presents to South Bay Village Members*



*"I have reached an age when, if someone tells me to wear socks, I don't have to." - Albert Einstein*



## SOUTH BAY VILLAGE HAPPENINGS

See what we've been up to!

**December:** 52 Christmas gift bags were given to our members by South Bay Village volunteers.

**November 29:** South Bay Village Volunteer Recognition Dinner

**November 28-29:** Senior Days at the Holiday Festival at Torrance Memorial

**November 9:** Torrance Veteran's Appreciation Lunch

**October 17:** Riviera HOA Meeting

**October 16:** HOA Presentation St Andrew's Church

**October 11:** Presentation at Agape Hospice and Palliative Care

**September 21:** South Bay Village Senior Fair

**September 20:** South Bay Village Volunteer Picnic

**September 19:** Senior Seminar

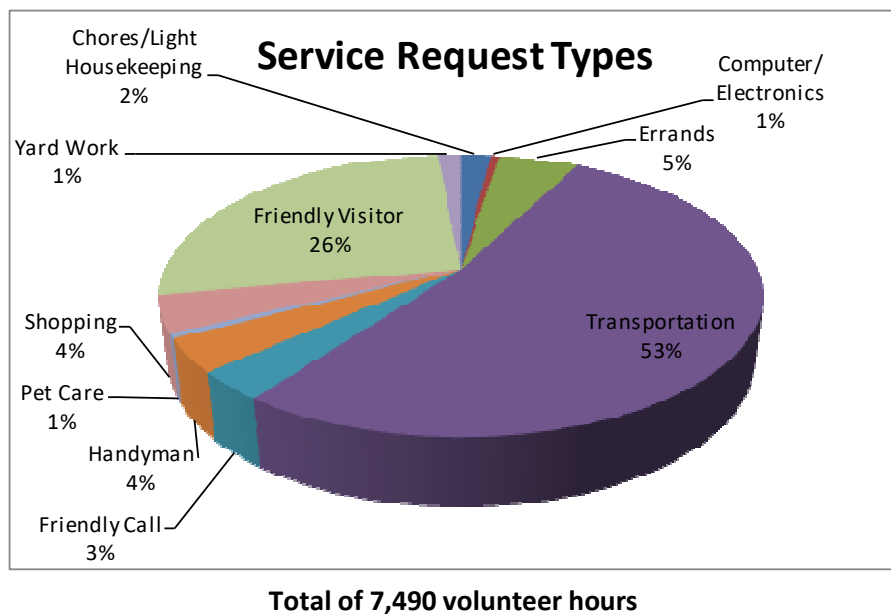
**August 15:** TMMC Health Conference—Miracle of Living

**July 24:** Torrance Memorial Resource Fair

**July 19:** Old Town Rock Around the Block



## SOUTH BAY VILLAGE—BY THE NUMBERS



	Fulfilled Requests	Performance
January	142	97.9%
February	152	99.3%
March	156	99.4%
April	199	99.5%
May	227	99.6%
June	171	98.8%
July	156	99.4%
August	178	97.8%
September	161	97.6%
October	165	96.5%
November	141	97.9%
December	150	98.0%
<b>Total</b>	<b>1,998</b>	<b>98.5%</b>

## SENIOR DISCOUNTS AT LOCAL RESTAURANTS

- **A&W All American Food:** 10% Senior discount varies by location
- **Carrows Restaurants:** Golden 55 Menu: offers discounted breakfast, lunch & dinner (55+)
- **Chili's:** From the Chili's website: "There is not a single brand-wide policy regarding these discounts; offers vary by location. Please contact the restaurant directly for information on its individual senior citizen, military and/or uniformed officer discounts."
- **Chart House:** 10% off for AARP members only
- **Claim Jumper:** 10% off for AARP members
- **Denny's:** Senior discount varies by location, 15% off for AARP members
- **Dunkin' Donuts:** AARP members receive a free donut with the purchase of a large or XL coffee (at participating restaurants)
- **El Pollo Loco:** 10% senior discount (60+), 15% military discount
- **IHOP:** Great discounts on senior menu items (55+)
- **Outback Steakhouse:** 15% off AARP members for meals (alcohol excluded)
- **Old Country Buffet (Home Town Buffet):** Daily discounts for seniors (55+)
- **Papa John's:** 25% off (55+) for online orders. Enter the code "AARP25" when placing your order. AMAC members receive 25% off, enter code "25SAVE"
- **Sizzler:** Offers "Honored Guest Menu" (60+) varies by location
- **Subway:** 10% off (60+) varies by location
- **Sweet Tomatoes/Souplantation:** Senior Meal deals Mon-Thu 2-5pm \$7.99 all u can eat incl. fountain bev. and/or coffee. All other times 10% off (60+)
- **Wendy's:** Senior age and special offer will vary depending on the restaurant location. Please ask the restaurant for details.

## CALL FOR VOLUNTEERS!

We need your help to offer more to our volunteers. Would you be interested in organizing a book club? Is event planning more your style? How about planning an event like a luncheon, a tea or an ice cream social? Do you know speakers we could invite to educate our members? We would love to have some help in organizing more events for our members. Give us a call today! **(424) 271-2304**

## MEMBER SPOTLIGHT: JAMES CARNEY

James Carney is a 93 year old lovely senior who contacted South Bay Village in March 2016 shortly after his very special wife passed away. James gave up his Driver's License and needed rides to his barber shop, bank, groceries and errands. Many Volunteers, including myself, have become friends with James because he is so personable and sweet. I have many reasons to be friends with James, but I also have admiration for how he has handled the loss of his wife with respect and dignity and speaks about her often. James house is filled with creative embroidery that his wife Angie has created. A walk in his house is filled with photographs and memories of their trips together. My wish is that I can live my life in the best way possible like James and remain connected to my family, friends and community. Here is a quote from James as stated to Suzi Nastaskin, author of Igor's Riviera Real Estate News:



"I've made close friends with the volunteers (of South Bay Village) because they are wonderful people," he says. "And being independent in my own home is important to me."

*By Ghislaine (Ges) Davis*

## VOLUNTEER SPOTLIGHT: JOAN DAY

Joan Day is an incredible woman who is First Vice President with the Junior Women's Club. In her spare time she is a South Bay Village Volunteer, who works tirelessly in the office as well as helping Members, taking them to appointments and running errands. As top Volunteer of the year recognized at the 2018 Volunteer Recognition Dinner in November, she has put in 717 volunteer hours, 443 of those in the past twelve months. We at South Bay Village thank you so much for all your hard work and your pleasant disposition.



## HAPPY BIRTHDAY!

### January

#### **Members:**

Fujita Shizue  
Doris Wenters  
Virginia Stewart  
Celso Padilla  
Ed Weimer  
Alice Welch  
Helga Wagener

#### **Volunteers:**

Kathleen Davis  
Chiyoko Chasin  
Glen Dodd  
Brian Gardner  
Maribel Luna  
Bea Virobik

### February

#### **Members:**

Violet Kovack  
Richard Alvarez  
Marilyn Anderson  
James Carney  
Virginia Ellis  
Joyce Ichimura  
Ruth Singleton  
Mary Walker  
Sandy Warren

#### **Volunteers:**

Pat Higley  
Patrice Rodgers

### March

#### **Members:**

Kazie Yanagihara

#### **Volunteers:**

Rosie Mayfield  
Susanne Grossman  
Terry McGovern  
Letty Molinos  
Christie McCallister

WELCOME NEW  
MEMBERS AND  
VOLUNTEERS!

Audrey Johnson, member  
Bonnie Mitchell, member  
Juhee Kim, volunteer  
Tiara Moske, volunteer  
Jacqueline Huynh, volunteer  
Noel Castle, volunteer

IN MEMORIAM

Alice Cataldo  
Yuko Norman  
Carole Rojo  
Bob Strickland  
Dee Woods

## TORRANCE LIBRARY WORDS ON WHEELS PROGRAM

Are you or someone you know a Torrance resident who can't get to the library and would like to have library books delivered to you? The Torrance Library has volunteers who will deliver books to your home.



Do you have a few extra hours a month and transportation? Volunteer with WOW and bring the enjoyment of reading and listening to those unable to visit the library.

To sign up or for more information, contact the Words on Wheels Coordinator at (310) 618-5950.

## TAKE NOTE - BARTLETT SENIOR CENTER

For those who visit the Bartlett Senior Center, they will be closed for the month of February for painting. You may call (310) 618-2468 for updated information.

South Bay Village  
22939 Hawthorne Blvd.  
Suite 106  
Torrance, CA 90505  
Phone: (424) 271-2304  
E-mail: [info@sbvill.org](mailto:info@sbvill.org)  
[www.SouthBayVillage.org](http://www.SouthBayVillage.org)  
[Facebook.com/SouthBayVillage](https://www.facebook.com/SouthBayVillage)

PLEASE  
PLACE  
STAMP  
HERE

